

OPEN TO THE GENERAL PUBLIC

# GRUNT RUN 2011

**FREE  
TO ACTIVE  
DUTY!**

**NEARLY FIVE MILES OF BRUTALITY  
DESIGNED TO PUSH YOUR BODY TO ITS LIMITS**

EXERCISE YOUR OPTIONS

**SATURDAY, OCTOBER 15  
AT 8:30 A.M.**

**NSA NORTHWEST ANNEX, 4541 RELAY ROAD  
CHESAPEAKE, VIRGINIA 23322**

**RACE DAY REGISTRATION BEGINS AT 6:30 A.M.  
AND ENDS AT 8:15 A.M. ON-SITE.**

**EXPERIENCE OBSTACLES, ROUGH TERRAIN, CLIMBS, SWAMPS AND OTHER CHALLENGES  
UNDER THE WATCHFUL EYES OF YOUR PERSONAL DRILL INSTRUCTORS.**



SPONSORED BY:

**Hall**  
AUTOMOTIVE

*More Cars. Great People.*

The U.S. Navy does not endorse any company,  
nor sponsor their product or service.

**AGE GROUPS FOR  
MEN AND WOMEN:**

14 and younger  
15 to 19  
20 to 24  
25 to 29  
30 to 34  
35 to 39  
40 to 44  
45 to 49  
50 to 54  
55 to 59  
60 and older

**ENTRY FEES:** Military Community - Active duty, retirees, reservists,  
eligible family members and DoD civilians without T-shirt **FREE!**

**THROUGH SEPTEMBER 2** - Military Community with T-shirt - \$10 per person,  
General Public without T-shirt - \$15 per person, General Public with T-shirt - \$25 per person

**THROUGH SEPTEMBER 16** - Military Community with T-shirt - \$12 per person,  
General Public without T-shirt - \$17 per person, General Public with T-shirt - \$25 per person

**THROUGH OCTOBER 11** - Military Community with T-shirt - \$15 per person, General Public with T-shirt - \$30 per person

**THROUGH OCTOBER 12** - General Public without T-shirt - \$20 per person (T-shirts will not be available if you have not  
registered by October 11)

**INDIVIDUAL OR TEAM COMPETITION. TEAMS MAY BE COMPRISED OF THREE TO FIVE PEOPLE.  
IF YOU COMPETE AS PART OF A TEAM, THERE IS AN ADDITIONAL COST OF \$5 PER PERSON.**

**RACE PACKET PICK-UP DATES (AT RACE SITE)** - For all military community, government I.D. checked at packet pick-up for verification purposes.  
Friday, October 14 from 3 p.m. to 7 p.m. and Saturday, October 15 from 6:30 a.m. to 8:15 a.m.

**CALL 421-8263 FOR MORE INFORMATION.**

**REGISTRATION FORM AND ADDITIONAL  
DETAILS ON BACK.**

**REGISTER AT  
RACETT.COM**



**STAY CONNECTED!**  
www.cnic.navy.mil/nwannex/mwr  
Visit MWR online for the  
latest on events and activities at  
Northwest Annex.

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# Grunt Run 2011

Saturday, October 15, 2011, 8:30 a.m. at NSA Northwest Annex

Please return entry forms to:

NSA Northwest Annex MWR Department, Olympic Blvd., PO Box 697 MOU#1,  
Chesapeake, Virginia 23322

**BASE ACCESS - Registrants will be contacted via email, two weeks prior to this event  
with detailed instructions on how to obtain access to the base.**

Name \_\_\_\_\_

Age \_\_\_\_\_ Sex \_\_\_\_\_

Work Phone \_\_\_\_\_ Home/Cellphone \_\_\_\_\_

E-mail \_\_\_\_\_

T-shirt size: Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

COST: Military Community without T-shirt, FREE

\_\_\_\_\_ Active duty personnel \_\_\_\_\_ Retiree \_\_\_\_\_ Reservist \_\_\_\_\_ Qualifying family member \_\_\_\_\_ DoD civilian

COST FOR ALL OTHERS (PER PERSON):

THROUGH SEPTEMBER 2

\_\_\_\_\_ Military Community with T-shirt - \$10 per person

\_\_\_\_\_ General Public without T-shirt - \$15 per person

\_\_\_\_\_ General Public with T-shirt - \$25 per person

THROUGH SEPTEMBER 16

\_\_\_\_\_ Military Community with T-shirt - \$12 per person

\_\_\_\_\_ General Public without T-shirt - \$17 per person

\_\_\_\_\_ General Public with T-shirt - \$25 per person

THROUGH OCTOBER 11 (T-shirt cut-off date)

\_\_\_\_\_ Military Community with T-shirt - \$15 per person

\_\_\_\_\_ General Public without T-shirt - \$20 per person

\_\_\_\_\_ General Public with T-shirt - \$30 per person

THROUGH OCTOBER 12

\_\_\_\_\_ General Public without T-shirt - \$20 per person (T-shirts will not be available if you have not registered by October 11)

Will you be participating as part of a team? Yes \_\_\_\_\_ No \_\_\_\_\_

TEAMS MAY BE COMPRISED OF THREE TO FIVE PEOPLE. IF YOU COMPETE AS PART OF A TEAM, THERE IS AN ADDITIONAL COST OF \$5 PER PERSON.

PLEASE PUT EACH TEAM MEMBER'S REGISTRATION FORM ALL TOGETHER IN A SINGLE ENVELOPE AND SUBMIT AS A WHOLE.

Team name \_\_\_\_\_

Your team member fee (\$5) \_\_\_\_\_

Team member 1 \_\_\_\_\_ Team member 2 \_\_\_\_\_

Team member 3 \_\_\_\_\_ Team member 4 \_\_\_\_\_

Team member 5 \_\_\_\_\_

Please make checks payable to MWR FUND. Total enclosed \_\_\_\_\_

In consideration of acceptance of this entry, I, the below signed, intending to be legally bound for myself, my heirs, executors and administrator waive and release all rights and claims for damages and personal injury that I may have against the facility and any persons and all sponsors, organizers, and their representative, successors, and assign for any and all injuries suffered by me in traveling to, performing in, and traveling from said event. I verify that I am physically fit and have trained for this event and my condition has been verified by a licensed medical doctor.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If under the age of 18, parent/guardian signature \_\_\_\_\_ Date \_\_\_\_\_